

CLASS ONE: "Talking to God"

Part one from
closer to God
with Signs & Wonders
class series



Booklet by:
Wendy Fedan
©2010

Create-A-Way™

“Talking to God” ACTivities:

For this list of ACTivities, I want to emphasize that ACTION is important to promote change. You don't have to use all of these. Take whichever ACTivity you feel most drawn to. At least choose ONE ACTivity, though. The important thing is to ACT.

GO FOR A WALK WITH GOD

Get outside in nature, or for a walk around the block. During your walk, imagine God walking beside you and talk to Him as if talking to a close friend. Speak out loud to make the experience real for you.

LETTERS TO GOD

Write a thank you letter, a postcard or a Valentine Card to God. Write "TO GOD" on the outside (no return address) and actually send it in the mail!

START A GRATITUDE JOURNAL

Write a single entry every day (or as often as you can) in a journal to record at least one blessing to be thankful for. Challenge yourself by also trying to find the blessings in your daily trials.

QUIET YOUR MIND

The best way to hear God is to quiet your own thoughts. Do any one of the following:

- Get a good night's rest
- Take a nap
- Take a nice hot relaxing bath
- Sit in a dark room quietly for five minutes
- Light a candle
- Take a walk
- Exercise
- Meditate

Choose one thing on this list or make up your own quiet ACTivity and try it for a few days. See what happens.

"MY GOD IS AN AWESOME GOD!"

WHAT IS YOUR RELATIONSHIP WITH GOD LIKE?

Of course our God is one and the same, but since we are each unique, God reveals Himself uniquely to each of us. We each have our own special relationship with God.

WHAT IS YOURS LIKE?

Doodle a picture here of what God means to you:

What is your God's personality like? Is your God amusing? Critical? Loving? Nurturing? Inspiring?


How often do you talk to God?

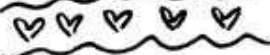
How often do you notice messages/answers back from God?

When/where do you feel the strongest connection with God?

Describe an experience you remember when you felt the presence of God in your life.

ATTITUDE of GRATITUDE

Communication exercise: 

Dear God: THANK YOU SO MUCH FOR
 THIS PARTICULAR BLESSING IN MY LIFE:

THANK YOU ALSO FOR THIS SPECIFIC
CHALLENGE I'VE UNDERGONE. GETTING THROUGH
THIS HAS MADE ME A STRONGER PERSON:

THANK YOU FOR HELPING ME DAILY AS I
STRUGGLE WITH THIS PARTICULAR CONCERN
RIGHT NOW (THANK YOU FOR HOLDING MY HAND THROUGH
THIS):

A gift from me to you:

A piece of art
to pin up
anywhere
you like.

A little reminder
to ask for God's
assistance
in your life.

Remember
you are never
alone.

Blessings
to you
on your life's
journey!

Sincerely,
Wendy
Fedan

